

Great Valley Aikido

presents

Lee Crawford Sensei

5th Dan from Aikido Northshore

April 19 – 21, 2013

大谷合気道



Hosted by:
Aikido West Reading
600 Penn Avenue
West Reading, PA 19611
Tel: 610.372.5511

About Lee Crawford Sensei:

Crawford Sensei began her aikido training in 1980 under the direction of Akira Tohei Shihan at the University of Wisconsin Aikido Club.

After relocating to Seattle in 1988, she became the Assistant Chief Instructor at Aikido Eastside in Bellevue, WA, and, in 1995 opened Aikido Northshore.

She has trained extensively under the direct instruction of Mitsugi Saotome Shihan and Hiroshi Ickeda Shihan.

Crawford Sensei also includes John Stone Sensei, Robin Cooper Sensei, George Ledyard Sensei, Kevin Choate Sensei and Patty Saotome Sensei as having strong influences on her aikido.

Registration is \$25 per class or \$80 for the entire weekend.

Friday 6:30 PM to 8:30 PM
Saturday 10:30 AM to 12:30 PM
Saturday 2:30 PM to 4:30 PM
Sunday 10:30 AM to 12:30 PM

Please mail registrations to
Joseph Rafferty
505 Beaumont Circle
West Chester, PA 19380
Questions: jwraff@comcast.net

www.greatvalleyaikido.org

www.facebook.com/greatvalleyaikido

Great Valley Aikido Lee Crawford Sensei Seminar

Friday - Sunday
April 19 - 21, 2013

Today's Date

First Name

Last Name

Street Address

City

State

Postal Code

Telephone

Email

Emergency Contact

Telephone

Entire Seminar

\$80

Friday 6:30 PM to 8:30 PM

\$25

Saturday 10:30 AM to 12:30 PM

\$25

Saturday 2:30 PM to 4:30 PM

\$25

Sunday 10:30 AM to 12:30 PM

\$25

Total Cost

Please mail registrations to
Joe Rafferty
505 Beaumont Circle
West Chester, PA 19380
Questions: jwraff@comcast.net 1-610-457-7324

INJURY WAIVER FORM

I affirm that I am in good health and acknowledge that all activities, especially those with regard to actual physical training in the martial arts, are entirely voluntary and I can, at any time, elect not to participate in any activity during any class without reason.

I hereby release Great Valley Aikido/Aikido West Reading, their employees, owners, instructors, and participants from any claims, demands, and causes of action arising from my involvement during any class at Great Valley Aikido/Aikido West Reading.

I fully understand that injury may occur and I hereby release Great Valley Aikido/Aikido West Reading, their owners, employees, instructors, and participants from any liability now or in the future, without limitation to pulls or tears (muscles, ligaments, or tendons), muscle strains, broken bones, joint dislocations, hyperextensions of bones and joints, ankle, knee, hip, lower back, shoulder, elbow, wrist, finger or toe injuries, heart attacks, strokes, loss of vision, concussion, dental trauma, paralysis, or death, suffered directly or indirectly during or after my participation in any class taken at Great Valley Aikido/Aikido West Reading. I also understand that any treatment for injuries sustained will be of a first aid-type only, given with my permission, and I fully understand the provider may not be a trained medical care provider.

Before starting this or any other exercise program, always consult your doctor. All students are required to provide their own medical coverage.

I hereby affirm that I have read fully, understand and agree with the above statements.

Print Name

Signature

Date